

# The Development of Spiritually-rooted Depressions

## Stages

## Descriptions

1. Disappointment

Confusion, sadness, grief,  
Unfulfilled expectation, etc.

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2. Discontentment

Self-righteousness, self-pity,  
Brooding, anger, bitterness, etc.

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3. Despair  
*(Hopelessness)*

Seeing no way out, Giving  
up on responsibilities, etc.

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4. Destructiveness  
*(Suicidal or homicidal)*

Critical spirit,  
hostility, impulsivity, etc.

