

For couples in crisis or stuck in a pattern that weekly counseling hasn't broken — three days with two counselors, one walking with each of you, to get to the heart of the conflict together.

9 hrs

In-Person · 3 Days

2

Counselors

6

Follow-Up Sessions

\$3,500

Program Cost

SAMPLE SCHEDULE

Day 1 · 3 hrs

Your Story · Separately

Each spouse meets one-on-one with their own counselor — your full story and the conflict pattern, told without interruption.

Day 2 · 3 hrs

The Root · Together

Both counselors, both of you — the heart issues underneath the conflict; honest examination, confession, and repentance toward God and one another.

Day 3 · 3 hrs

Rebuilding · Together

Both counselors, both of you — new habits of communication and care, accountability, and your written Growth Plan as a couple.

Two Tracks

Monday–Wednesday mornings (8:30–11:30), or Wednesday afternoon (12:30–3:30) plus Thursday & Friday mornings — chosen on your application.

Afternoons

Guided reflection and written assignments completed on your own — the afternoons are where the day's work takes root.

Weeks 1–6

One follow-up per week — three individual sessions with your own counselor and three couple sessions with both counselors — to walk out your Growth Plan.

QUICK FAQ

What does it cost?

The program cost is \$3,500 — two counselors, your assessment, all nine intensive hours, materials, and all six follow-up sessions. Lodging and meals are not included. Ask us about church partnership options.

How do I get started?

Every intensive begins with a short application and an assessment call, so we can confirm this format is a good fit for your situation before you commit.

How do we pay?

A \$500 deposit confirms your week. \$1,800 is due when your intensive begins, and the remaining \$1,200 is paid at \$400/month over the three months following.

Where is it held, and where do we stay?

Exclusively at our DuPage office in Winfield, Illinois. Travel and lodging are on your own — we've arranged a consistent rate at the Hyatt Place minutes from our office (typically \$100–125/night).

Optional — Bring a Care Partner.

You're welcome to invite someone you both trust — a friend, mentor, or church leader — to sit in on your intensive and learn your Growth Plan, so they can keep walking with you long after the follow-ups end. There's no added cost; just tell us when you apply.